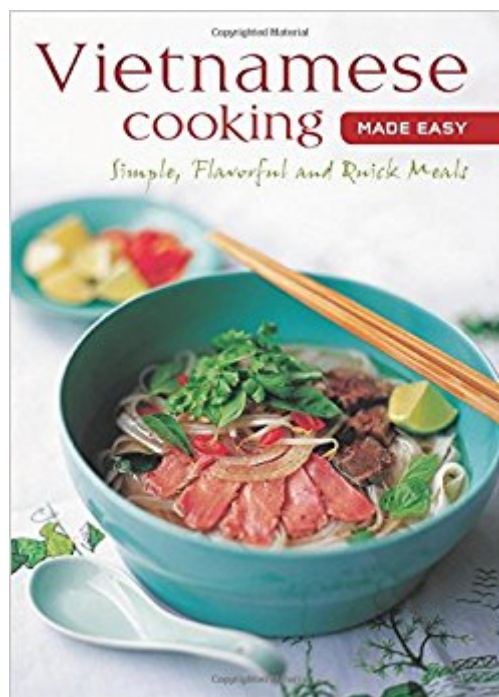




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Vietnamese Cooking Made Easy: Simple, Flavorful And Quick Meals [Vietnamese Cookbook, 50 Recipes] (Learn To Cook Series)



Synopsis

Perfect for beginning cooks this beautifully illustrated Vietnamese cookbook provides easy-to-follow directions for quick and delicious Vietnamese dishes. Famous for its lively, fresh flavors and artfully composed meals, Vietnamese cooking is the true "healthy cuisine" of Asia. Abundant fresh herbs and greens, delicate soups and stir-fries, and well-seasoned grilled dishes served with rice or noodles are the mainstays of the Vietnamese table. Even the beloved snacks or desserts are often based on fresh fruits served with sweetened rice or tapioca. Rarely does any dish have added fats. Along with its delicate freshness, Vietnamese cooking is also subtle and sophisticated. At its best when its flavors are balanced between salty, sweet, sour and hot, Vietnamese cooks strive for a balance of flavors so no one taste outranks any other. Vietnamese Cooking Made Easy features over 50 recipes, from delicate soups and stir-fries to well-seasoned grilled foods served with rice or noodles and are packed with fresh herbs and spices. Stunning photography and simple step-by-step instructions make this cookbook the perfect introduction to the world of Vietnamese cuisine. From chapters introducing basic Vietnamese ingredients to sections devoted to appetizers, noodles, seafood and poultry, this handy little book features a spiral binding, making it an easy-to-use addition to your cookbook library. Easy Vietnamese recipes include: Grilled Lemongrass Chicken Satays, Glass Noodle Soup, Fish in Caramel Sauce, Spicy Lemongrass Tamarind Chicken, Sesame Beef with Bamboo Shoots, Sweet Glutinous Rice with Coconut and Red Beans. Modern cooks will find preparing a Vietnamese meal both rewarding and relatively easy. And with the widespread popularity of Asian foods, locating ingredients is not a challenge—most supermarkets now carry such basics as fresh ginger, lemongrass and chilies. Making delicious Vietnamese food at home has never been easier!

Book Information

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Customer Reviews

"If you're not quite ready to attempt a full-on Vietnamese meal, the light bites in this book are an ideal intro to the flavorful delicacies of that country." âBridal Guide magazine

I'm VN and can't cook. Most of the dishes is okay, but not great/authentic. I'm okay with this. The best part is for a very busy person, the preparation is low and the food list is few. So, you'll love it. Again, not authentic, but fine and prep low. Still a win-win.

I eat an entirely plant-based diet and am cooking more Asian foods because they don't use dairy. Disappointed to find this book is almost entirely all meat recipes. Can't use it.

They do make this a very easy to follow book. I never realized just how simple these dishes really were. Some of the more specific ingredients were a little challenging to find in my area but not impossible. I usually just stick with the pho when I go out just because the stuff is so addicting and delicious. These other recipes however are really great. Love it!

A very simple easy book of Asian cooking.

I love this recipe book. Have tried at least 8 of the recipes, and to rave reviews from family and friends. Fresh ingredients, easy recipes, and wonderful results!

The book arrived quickly and in excellent condition. The recipes are beautifully photographed and easy to follow. The book was shorter than I expected.

My friend loves this. It was a gift for her because she wants to impress her mother-in-law. Simple dishes. Easy to make. Easy to remember.

Love this book - the recipes are easy and fast. I was in Vietnam this year and loved the food and now I am making it at home.

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